



2007-2008

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Northeastern Society of Plastic Surgeons

NEWSLETTER

February, 2008

FROM THE PRESIDENT

Robert X. Murphy, Jr., MD, FACS

Colleagues:

The Sage, Confucius, is renowned for his blessing “May you live in interesting times.” Let me assure you, these are very interesting times for the Northeastern Society of Plastic Surgeons.

This year marks the 25<sup>th</sup> anniversary of one of the largest and most dynamic societies within our chosen field. The Northeastern Society of Plastic Surgeons was founded in 1983 by a small group of plastic surgeons who felt that both the institutional and private practice concentration of plastic surgeons within the region

(continued on page 5)



Editor's Corner



Brian S. Glatt, MD

Friends and Colleagues of the NESPS:

You have probably noticed the significant change in format of the current newsletter you are holding. As our current Society President, Dr. Murphy, explains in his message to you above, the administration of our Society has changed hands from Catherine Foss and her team at CMA to Professional Relations and Research Institute (PRRI). The transition has been quite smooth and our new management team has been helpful and energetic in keeping us on track. Be sure to introduce yourselves to them while attending the 2<sup>nd</sup> Annual NESPS Workshop in New York City on March 1<sup>st</sup>. This workshop promises to be a stimulating day focusing on all aspects of mastopexy surgery. Anyone who attended last year's inaugural meeting, which centered on the lower eyelid, knows that this meeting is sure to grow quickly into a “can't miss” event. The day provides a unique structure and interactive format between colleagues and world experts in the field.

I look forward to seeing many of you in New York and remind you to start making plans for the NESPS' 25<sup>th</sup> Annual Meeting in Philadelphia October 1-5, 2008.



NORTHEASTERN SOCIETY OF PLASTIC SURGEONS  
25th Annual Meeting

October 1-5, 2008

Ritz-Carlton  
Philadelphia, Pennsylvania

www.nesps.org

# WHAT'S NEW ON THE WEBSITE?

John Girotto, MD  
Webmaster

*The Northeastern Society goes electronic with our new web page design. ([www.nesps.org](http://www.nesps.org))*

*Over the next few months, visit [www.nesps.org](http://www.nesps.org) and see the design transformed and even the logo refreshed. The site will also become your professional education portal. We hope to have key portions of the 25th Annual Meeting available for video download as an mpeg or a podcast. You will be able to see the key portions of each scientific program even if you couldn't attend the entire meeting.*

*We are also exploring the possibility of creating a "members only" online library where Ovid resources and other key journals will be made available in full text formats.*

*Our goal is to limit all paper transactions and expand the function of our web portal. Be prepared to receive meeting communications and dues information via email. Already, meeting and membership registration activities are online. Links for the upcoming New York breast meeting are active.*

*What would you like to see on our society web page? What resources would have you coming back to visit the site regularly? Your input can help guide the construction and function of our new web site. Email any suggestions to: [John\\_Girotto@urmc.rochester.edu](mailto:John_Girotto@urmc.rochester.edu)*



- ◆ Stay up to date on Society actions and initiatives.
- ◆ Register online for NESPS meetings and programs.
- ◆ Get the latest Annual Meeting information and view abstracts.
- ◆ Update your contact information in the Members Only Area to ensure that you continue to receive Society communications in a timely fashion.
- ◆ Read the latest NESPS Newsletter.
- ◆ Links to related sites.
- ◆ Encourage a colleague to join NESPS.
- ◆ Pay your dues.

*Stay connected and stay ahead.*

Please make note of our new address:



Northeastern Society of Plastic Surgeons

900 Cummings Center, Suite 221-U  
Beverly, MA 01915

Phone: (978) 927-8330

Fax: (978) 524-0461

## Resident's Corner

The **Division of Plastic Surgery at Albany Medical College** is pleased to welcome two new faculty members. **Dr. Dimitri "Jim" Koumanis** joined the full-time faculty in November, 2006. He is a graduate of the Nassau County Training Program (LIPS) and the Burn Unit Training Program at the University of Indiana. **Dr. Stephane Braun** joined the faculty in September, 2007. He trained with Bruce Shack at Vanderbilt University and remained on the faculty there for 2 years. Dr. Braun has also assumed the duties of training program director. In June, the program graduated two residents. **Joe Thornton, MD**, who completed the Integrated Model program, is practicing in Wilmington, Delaware. **Joe Wolf, MD**, who completed the Independent Model program, is practicing in New York City. **Tom Mustoe, MD**, Professor and Chairman of the Department of Plastic Surgery at Northwestern University Medical School in Chicago served as their first visiting professor of the academic year.

The **New York-Presbyterian Hospital** program reports that they received RRC approval to expand from two to three years, remaining as an independent program. The program now participates in the NRMP PGY1 match for 2 spots with one resident spending three years in general surgery at Columbia and another spending three years in general surgery at Weill Cornell New York Hospital. Each resident advances directly into the plastic surgery residency program following general surgery. The third spot is filled through the San Francisco match.

Three new faculty members have joined the program during this past year. **Jason Spector, MD** (Cornell-New York Hospital) and **Christine Rohde, MD** (Columbia) both plan to lead microsurgical efforts. **Harold Brem, MD** (Columbia) is the head of the wound care center. Graduating residents of the program include: **Munkal Pater, MD**, who is in private practice in Long Island, NY; and **Tal Roudner, MD** who is in private practice in Miami, Florida. In addition, **Brooke Burkey, MD** has joined **Dr. Paul Glat** at the St. Christopher's Hospital for Children in Philadelphia, PA and **Peter Korn, MD** has joined the full time faculty at the Westchester County Medical Center.

The **Harvard Plastic Training Program** was approved for an additional independent slot for each PGY 4-6 level. As such, their number of graduates will increase to six. Graduating residents included: **Jesus A. Garcia, MD, PhD**, who joined a group practice in California which covers a broad spectrum of plastic and reconstructive surgery; **Evan S. Garfein, MD**, who is at NYU for a one year fellowship in Reconstruction and Microsurgery; **Terri J. Halerin, MD**, who joined the Longwood Plastic Surgery Group in Brookline, MA; **Stephanie L. Kwei, MD**, who joined a private practice with Dr. David Wages on the north shore of the Boston area; **James D. Schlenker, MD**, who is in Seattle where he is completing a one year hand fellowship; and **Amir H. Taghinia, MD**, who has stayed on at the program to complete a one year hand fellowship with Dr. Joe Upton.

The **University of Massachusetts** has been approved for a six year integrated program and they will be interviewing medical students to begin the program in July of 2008. The independent program will continue through June 2013. Their two graduates this past year were: **J. Alejandro Conejero, MD**, who is in academic practice in Santiago, Chile and plans on a craniofacial fellowship in the U.S. after 2 years of practice in Chile; and **Rodrigo Santamarina, MD**, who is in academic practice at the University of Massachusetts Medical School.

### NEW MEMBERS

(Elected October, 2007)

#### ACTIVE

<b>Valerie Ablaza, MD</b>	<i>Montclair, New Jersey</i>
<b>Michael Baroody, MD</b>	<i>Danbury, Connecticut</i>
<b>Gary D. Breslow, MD</b>	<i>Pasamus, New Jersey</i>
<b>Mark S. Davenport, MD</b>	<i>Rochester, New York</i>
<b>Ines Carrasquillo, MD</b>	<i>Rochester, New York</i>
<b>Raymond Dunn, MD</b>	<i>Worcester, Massachusetts</i>
<b>Joanna L. Partridge, MD</b>	<i>North Brunswick, New Jersey</i>
<b>Ralph P. Pennino, MD</b>	<i>Rochester, New York</i>
<b>Pierre B. Saadeh, MD</b>	<i>New York, New York</i>
<b>George P. Smith, MD</b>	<i>Staten Island, New York</i>
<b>Douglas S. Steinbrech, MD</b>	<i>New York, New York</i>
<b>Robert M. Tornambe, MD</b>	<i>New York, New York</i>

#### CANDIDATE

<b>Negin Noorchasm Griffith, MD</b>	<i>Holmdel, New Jersey</i>
<b>Christine H. Rohnde, MD</b>	<i>New York, New York</i>
<b>Simone Topal, MD</b>	<i>Florence, Massachusetts</i>
<b>Liza C. Wu, MD</b>	<i>Philadelphia, Pennsylvania</i>

## Second Annual Workshop

# Augmentation/Mastopexy for Cosmetic and Reconstructive Patients

Saturday, March 1, 2008  
The Yale Club of New York City

### OBJECTIVES:

- Provide a focused forum on mastopexy and augmentation mastopexy for cosmetic and reconstructive patients
- Discuss patient selection, technique selection, managing complications and redo surgery

### GUEST FACULTY:

Franklyn Elliott, MD      Atlanta, GA

### FACULTY:

<b>Stephen Colen, MD</b>	New York, NY
<b>Peter Corderio, MD</b>	New York, NY
<b>Joseph J. Disa, MD</b>	New York, NY
<b>David Hidalgo, MD</b>	New York, NY
<b>Nolan S. Karp, MD</b>	Rockville, MD
<b>Peter Rubin, MD</b>	Pittsburg, PA
<b>Joseph M. Serletti, MD</b>	Philadelphia, PA

## PRELIMINARY PROGRAM

8:00 am – 9:00 am

### MY FAVORITE AUGMENTATION MASTOPEXY AND WHY

<b>Mastopexy Augmentation: A Unique Way of Managing the Ptotic Breast</b>	Stephen Colen, MD
<b>Mastopexy: Indications, Options and Surgical Techniques</b>	David Hidalgo, MD
<b>Augmentation Mastopexy; A Simplified But Effective Approach</b>	Franklyn Elliott, MD

9:00 am – 10:30 am

### MASTERS PANEL I: CASE PRESENTATIONS

Moderator:	Louis Bucky, MD
Panelists:	Franklyn Elliott, MD
	Stephen Colen, MD
	Peter Corderio, MD
	David Hidalgo, MD
	Joseph M. Serletti, MD

11:00 am – 12:00 pm

### MASTOPEXY

<b>Mastopexy: Dermal Suspension and Parenchymal</b>	Peter Rubin, MD
<b>Principals of Short Scar Mastopexy</b>	Nolan S. Karp, MD
<b>Matching the Reconstructed Breast</b>	Joseph J. Disa, MD

12:00 pm – 1:00 pm

### LUNCH

1:00 pm – 2:30 pm

### MASTERS PANEL II: CASE PRESENTATIONS

Moderator:	Charles H. Thorne, MD
Panelists:	Stephen Colen, MD
	Peter Cordeiro, MD
	Franklyn Elliott, MD
	Nolan S. Karp, MD
	Peter Rubin, MD
	Joseph M. Serletti, MD

2:30 pm – 3:30 pm

### COMPLICATIONS PANEL

Moderator:	Louis Bucky, MD
Panelists:	Stephen Colen, MD
	Peter Cordeiro, MD
	Joseph J. Disa, MD
	Franklyn Elliott, MD
	Nolan S. Karp, MD
	Peter Rubin, MD
	Joseph M. Serletti, MD

3:30 pm

### ADJOURN

**TO REGISTER:** Download a Workshop Registration Form at [www.nesps.org](http://www.nesps.org)  
Fax back to: (978) 524-0498

## From the President (continued from page one)

offered a unique opportunity for educational and collegial exchange. Twenty-five years later, as fate would have it, we will return to the city where our first meeting took place - the “*City of Brotherly Love*” - for what promises to be an exciting convocation!

As rooted as we are in the traditions of our Society, the last many months have been a time of very significant changes. First and foremost, one year ago, the Northeastern Society instituted a spring workshop, hosted by the Yale Club in New York City. This year, our second annual workshop entitled “Augmentation/Mastopexy for Cosmetic and Reconstructive Purposes” will be offered on March 1 at the Yale Club. Under the direction of our Program Chairs, Louis Bucky, M.D., and Charles Thorne, M.D., this promises to be an innovative, intimate, educational, and thoroughly worthwhile way to spend a Saturday afternoon.

As we enter our 25<sup>th</sup> year, we are also entering an age of increased utilization of the internet and technology by your Society. Your Board of Directors has chosen to direct a significant amount of our resources towards developing the full potential of the electronic medium to serve our membership to the best of our ability. Whether by providing an easier mechanism to pay annual dues or by providing valuable access to educational materials, we anticipate that our website, [www.nesps.org](http://www.nesps.org), will become a much more user friendly modality. Drs. Stephen Chidylo and John Giroto have, in their capacities as Co-Chairs of the Membership Committee, devoted a significant amount of their personal energies to help advance this initiative. For their efforts, the Society is truly grateful.

As you can see, these “interesting times” involve significant change for the Northeastern Society. Not the least of these changes has been the change in management. After eighteen years at the management helm of the Northeastern Society, Ms. Catherine Foss and CMA have elected to concentrate their efforts on other societies, most notably the Research Council and the International Society of Aesthetic Plastic Surgeons. Our Society has grown significantly over the past 25 years, in no small part due to the efforts of Ms. Foss and her co-workers. For this, the Northeastern Society will forever be in Ms. Foss’s debt and wishes her continued success in her future endeavors.

After considering multiple proposals from many management organizations, the Board has decided to engage Professional Relations and Research Institute (PRRI), which also serves the American Association of Plastic Surgeons, to help the Northeastern Society advance its agenda into the future. Our new management team will consist of: Donna Kohli, Executive Director, Rebecca Bonsaint, Administrative Director, April Conti, Meeting Manager, and Jill West, Meeting Coordinator. The Board is excited about partnering with this very energetic and knowledgeable group. We have high expectations and are very excited about the prognosis for the health of our Society as this new relationship develops.

Your Board of Directors would like to thank each and every member of the Society for your support. We invite you to express any questions or your concerns at any time. We ask that you encourage your colleagues who are not members of our Society to consider the benefits offered to the membership of the Northeastern Society of Plastic Surgeons, recalling that “in numbers there is strength!” Finally, we encourage you to consider attending the Spring workshop in New York City on March 1, 2008 as well as our 25<sup>th</sup> Annual Meeting in Philadelphia this fall.

I thank you all for the honor of serving as your 25<sup>th</sup> President and look forward to meeting the challenges and affording the Society additional opportunities for growth in the year to come!

***As we enter our 25<sup>th</sup> year, we are also entering an age of increased utilization of the internet and technology by your Society. Your Board of Directors has chosen to direct a significant amount of our resources towards developing the full potential of the electronic medium to serve our membership to the best of our ability.***

# NORTHEASTERN SOCIETY OF PLASTIC SURGEONS



[www.nesps.org](http://www.nesps.org)

## 2<sup>nd</sup> Annual Workshop Augmentation/Mastopexy for Cosmetic and Reconstructive Patients

Saturday, March 1, 2008



The Yale Club of New York City | New York City, NY



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900 Cummings Center, Suite 221-U  
Beverly, MA 01915

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### INSIDE THIS ISSUE....

- ◆ NESPS President, Robert Murphy, Jr., MD reviews the many changes happening within the Society
- ◆ Resident News
- ◆ Preliminary Program for the "Augmentation/Mastopexy for Cosmetic and Reconstructive Patients" Workshop
- ◆ What's New at [www.nesps.org](http://www.nesps.org)