



NESPS Newsletter

The Newsletter of the Northeastern Society of Plastic Surgeons
August 2003



From the President...

The summer is almost over, the children are getting ready for another school year, the fishing, swimming and the general ease of summer are almost over. As we plan the upcoming academic and work-filled year, we look forward to the next meeting of the Northeastern Society that will

take place in Baltimore on October 2-4. This does not conflict with Yom Kippur, contrary to some inquiries.

We have not had a meeting in Baltimore since 1986. The city with its renaissance in the last 20 years is now replete with great restaurants, museums, shopping, cultural and historical institutions, and a host of opportunities for young and old to enjoy. The waterfront is at the epicenter of this northern city which lies at the epicenter of the Mason/Dixon line.

The local Arrangements Chairmen, Maurice Y. Nahabedian, MD and Alex Guba, MD together with Catherine Foss and her wonderful staff, have planned a very busy, fun-packed calendar which takes advantage of the particular attributes of Baltimore. The Scientific Program Chairman, Dr. Robert C. Silich from New York City, has put together a very fulfilling and diverse program that includes a great set of panels and papers which everyone, no matter what their special interests, should find attractive. In this regard, I would like to thank all the members of the Scientific Program Committee. I would also like to thank the program directors who encouraged their residents to submit a large array of interesting papers to the competition. This 2003 meeting, however, has an additional unique aspect. In my opening address as president, I delineated my efforts to alter the course of our society. I see our organization as not only an academic one, but one which represents its members inclusively. Therefore, the Baltimore meeting will have a political and fiscal component that is salient to the plastic surgeons in the northeast. There are panels and speakers who will address these issues and, hopefully, serve as a nidus for future meetings and committees within our organization.

Our keynote speaker in Baltimore is James H. Wells, MD – President of ASPS. This should introduce our membership to the concept of a "higher calling" for our society. The 3rd Annual Eugene Courtiss Memorial lecture will be given by Dr. Bob Goldwyn, editor of the noteworthy journal, Plastic and Reconstructive Surgery. Dr. Goldwyn's experience, poise and his long relationship with Dr. Gene Courtiss make him a natural choice for this third annual speech.

As we all know, finances are in shorter supply than in the past. I have worked hard to procure funding for our upcoming meeting outside of dues and fees to our already taxed membership. I want to thank all of the organizations and companies who have made contributions to sponsor or participate in this meeting in Baltimore. On behalf of the Northeastern Society of Plastic Surgeons I especially want to thank Stryker-Leibinger, Life Cell, and Padgett for their very generous and timely support. Our colleagues at these companies deserve praise and respect. In the future, the interchange and amalgamation of industry and academia are key to a successful and viable surgical society. I believe the universities have long ago figured this out.

Dr. Robert Davis, in his summer address in 2002, elaborated on the extensive discussion concerning meeting site choices; specifically, the possibility of a New York City meeting in either 2003 or 2004. As a surgeon who is based in New York City, with affiliation with Cornell University, I made a significant effort to have a meeting in New York City in 2003; and when those efforts failed, to have it in New York City in 2004. The reality is that in our present meeting format, the city and our society are not compatible. This is due in part to significant financial, logistical and quality concerns. Additionally, the 2004 meeting of ASPS will be in early October in Philadelphia. To avoid this considerable conflict with our own meeting, the "2004" NESPS meeting will be held in the superb resort location of Naples, Florida in January of 2005. This beach and golf location will provide great ambience for both academics and fun. It also lends us the possibility of integrating our meeting with some southern surgical societies.

Our organization has grown significantly in recent years, but I urge all of us not to cease in our efforts to expand our membership enrollment. Membership efforts should not only be about sheer numbers, but should include a drive toward diversity. An organization whose membership reflects society in general is stronger in the long run.

I feel blessed to have been your president and to have worked with such wonderful people. Our board is filled with strong, capable and devoted volunteers. I have had a pleasant year working with them, Catherine and her staff, and you the membership at large. I will leave the society to a longtime friend and colleague, the very capable Dr. Charlie Thorne, your next president. I will remain involved and I hope I have in some small way made a contribution. I look forward to seeing you all in Baltimore and at future meetings

Henry M. Spinelli, MD, FACS

Resident's Corner

The **Division of Plastic Surgery at Albany Medical College** just completed its conversion to a totally Integrated Program. This has had pluses and minuses. The pluses are that we have six excellent residents. The Chief Resident is **Brian Bruggeman, MD**, who will be completing his training and entering private practice in Flagstaff, Arizona. The PGY-5 is **Salman Ashruf, MD**, the PGY-4 is **Susan M. Gannon, MD**, the PGY-3 is Nikesh Patel, MD, the PGY-2 is **Joseph Thornton, MD**, and the PGY-1 is **Shayne Webb, MD**. They represent a bright, interested group of residents from diverse medical schools within the United States.

Lisa D. Francesco, MD, graduated in June 2002. She has completed a six-month fellowship with **Rod Hester, MD**, in Atlanta, and will be entering private practice in Atlanta. **Norberto Soto, MD**, completed his residency in June 2002 also, and has entered private practice in New Jersey.

The minuses are the knowledge that a plastic surgery residency program needs to be in compliance with the New York State "405 Regulations". This series of regulations has now been translated into the ACGME process, and will be applied to all residency training programs. Complete integration has taught us that in order to be in compliance with these regulations, that probably the minimum number of residents for a program to function on the plastic surgery side is four. We are currently working through this problem.

The residents have been actively engaged in research activities, and have recently completed studies on Brachioplasty, Anticardial Antibody Syndrome and Otoplasty.

We have two off campus rotations during the residency. The Senior resident takes part in an exchange with one of the Senior residents at the University of Rochester in **Joe Serletti's** program. This provides us with microsurgical experience for the Senior resident, and provides the Rochester resident with

additional aesthetic experience. The PGY-2 rotates for one month with **Roger Salisbury** at Westchester Medical Center Burn Unit for experience in acute burn resuscitation and reconstruction.

The residents in plastic surgery continue to be active in the Senior Residents Program with annual submissions and in the residents program for the Northeastern Society.

Georgetown University Hospital Plastic Surgery Update.

The training program at Georgetown University Hospital has just undergone an excellent review with the Residency Review Committee with an approval for a full five years as an integrated training program. We have been approved with commendation thanks to the excellent efforts of **Dr. Scott L. Spear** in redesigning and implementing the new training program. The program has been approved for three residents per year for a total of 18 residents spread over six years. The upcoming graduates are **Dr. Michael Howard**, who is going to undertake a microsurgical and reconstructive fellowship at Sloan Kettering Memorial, and **Dr. Mary Ella Carter**, who is considering joining the faculty as an attending at the Veterans Administration Hospital. We are currently expanding the program in the upcoming academic year to involve both Children's Hospital of Washington, D.C., and George Washington University Hospital. In addition, Georgetown University is planning to add a new faculty member **Dr. Ivica Ducil**, after he completes a peripheral nerve fellowship with **Dr. Lee Dillon**.

In conclusion, the Georgetown University Plastic Surgery Program is continuing to grow stronger and better. We look forward to building on our current base.

Thank you to our Newsletter sponsor:



ASSI⁺
ASSOCIATION OF SURGICAL SOCIETIES

IN MEMORIAM

**Members who passed away
2002-2003**

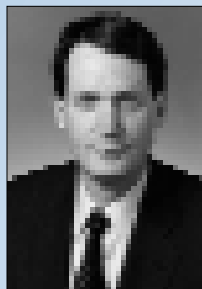
Magdi Kodosi, MD FACS
Charter Member

Richard H. Walden, MD, DDS, FACS

Francis G. Wolfort, MD, FACS

Slate of Officers

The following slate of officers for 2003-2004 has been proposed by the Nominating Committee for vote by the membership in Baltimore:



PRESIDENT

Charles H. Thorne, MD
New York, New York
Year Joined: 1999
Automatic - no vote required



MEMBER-AT-LARGE

Joseph J. Disa, MD
New York, New York
Year Joined: 1999
First year of a two year term.



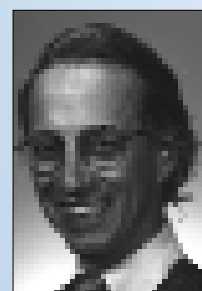
VICE-PRESIDENT

Kenneth A. Marshall, MD, FACS
Cambridge, Massachusetts
Year Joined: Charter Member



MEMBER-AT-LARGE

Craig R. Dufresne, MD
Chevy Chase, MD
Year Joined: 1989
Second year of a two year term.



TREASURER

David W. Leitner, MD
South Burlington, VT
Year Joined: 1991
Second year of a three year term.



HISTORIAN

Mark S. Granick, MD, FACS
Bala Cynwyd, PA
Year Joined: 1987
Fifth year of a five year term.



SECRETARY

Robert X. Murphy, Jr., MD, FACS
Allentown, PA
Year Joined: 1992
First year of a three year term.

NOTICE OF ANNUAL BUSINESS MEETING

The 2003 NESPS Business Meeting will be held from 12:30-2 pm on Saturday, October 4 during the Annual Meeting in Baltimore. All members are encouraged to attend, however only Active and Life Members may vote.

20th Anniversary Conference

Baltimore, Maryland

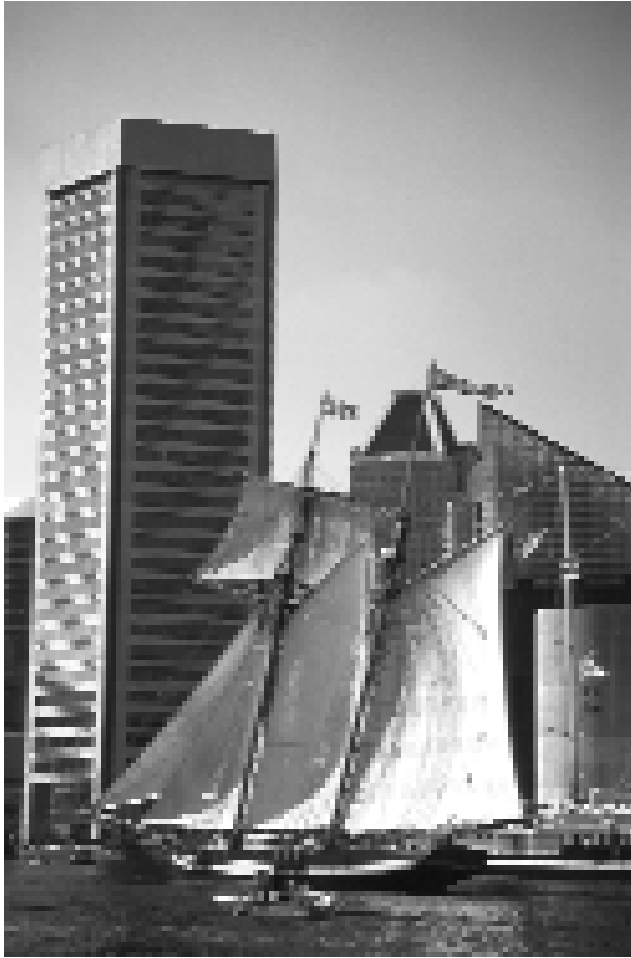
Meeting Registration

It's time to plan your trip to this year's meeting in Baltimore, Maryland. This will be the second trip to the Crab Capitol of the Northeast. By now you should have received your registration brochure. We encourage you to make your hotel reservations early as we expect a sell-out attendance.

Dr. Maurice Nahabedian and Dr. Alex Guba have planned some great social events including a strolling dinner at the National Aquarium. Dr. Robert Silich and his Scientific Program Committee have created an excellent program with 48 presentations, 6 panels, and a Pre-Conference Symposium on "Medical-Legal Issues Facing the Northeastern Plastic Surgeon".

The program will allow maximum time to enjoy the the many sights and cuisines of Baltimore with your family.

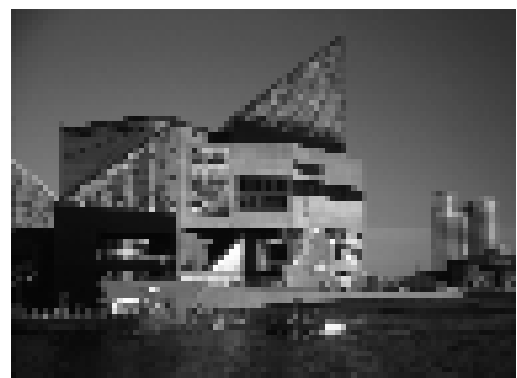
So register early and join us in Baltimore!



Baltimore Harbor



All the crabs you can eat!!



*A submarine in front of the National Aquarium
in Baltimore*

*Don't miss the 3rd Annual
Gene Courtiss
Memorial Lecture
presented by
Robert M. Goldwyn, MD*



Baltimore's Fort McHenry

**Sign up now for the Strolling
Dinner tour of the National
Aquarium. Call the NESPS
Executive Office for more
information.**

Meeting Sponsors

The NESPS would like to thank the following sponsors of our 20th Anniversary Meeting.

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Robert M. Davis, MD, FACS

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Craig R. Dufresne, MD, FACS (2004)

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Catherine B. Foss

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NESPS Newsletter

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MARK YOUR CALENDAR!

21st ANNUAL MEETING

January 19-23, 2005

The Naples Beach Hotel and Golf Club

Naples, Florida

22nd ANNUAL MEETING

November 3-5, 2005

Ritz-Carlton Hotel

Washington, District of Columbia

23rd ANNUAL MEETING

September 14-16, 2006

Copley Plaza Hotel

Boston, Massachusetts

24th ANNUAL MEETING

October 3-7, 2007

Fairmont Southampton Princess Hotel

Bermuda



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